

# Memory Cafe at The J



A collaboration between



Martin Pear JCC  
in the Valley of the Sun

**Second & Fourth Tuesday Every Month  
10-11:30am | Martin Pear JCC**

12701 N Scottsdale Rd., Scottsdale, AZ 85254

**Support Group • Music Therapy**

A safe and comfortable space to socialize; where care partners receive the most current resources in self-care and support while their loved one with memory loss receives research-based Neurological Music Therapy.

The support group facilitators are experts in care giving, healthy aging and dementia care.

**FREE**, registration is required,  
please contact Lynette Holsapple at  
480.481.7040 or [lynetteh@vosjcc.org](mailto:lynetteh@vosjcc.org).



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**[vosjcc.org](http://vosjcc.org) | 480.483.7121**

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