

Join us on the
2nd & 4th Mondays
of the month!

10-11:30am



Central Phoenix Memory Café

SUPPORT GROUPS | MUSIC THERAPY | REFRESHMENTS

A safe and comfortable space to socialize; where care partners receive the most current resources in self-care and support while their loved one with memory loss receives research based Neurologic Music Therapy (NMT) by a Music Therapist.

- The **first** site, located in central Phoenix, to offer a unique collaboration between **Barrow Neurological Institute, Duet, FSL** and **Neurological Music Therapy Services of Arizona**.
- This program of evidence based music therapy optimizes how individuals with memory loss experience and interact with their environment through music and movement. It will be administered by expert Neurologic Music Therapists.
- Support group facilitators, experts in caregiving, healthy aging, and dementia care, will be provided by Barrow Neurological Institute and Duet.
- FSL's Caregiver House will offer additional caregiving resources and training experiences for the participating care partners.

LOCATION:

FSL Caregiver House
1201 East Thomas Road
Phoenix, AZ 85014

NO CHARGE

REGISTER:

Charise Bebout

Phone:

602-285-0505 ext.184

Email:

CBebout@fsl.org



Duet
Partners In Health & Aging

